ABSTRACT OF THE DISCLOSURE

The invention concerns a hold-down bracket comprising a base plate and a cylindrical body, the base plate (11) and the cylindrical body constituting one single unit, the cylindrical body including two opposite walls called median wings (12, 13) extending at 90° from the base plate and two other opposite walls called flaps (16, 17) extending at 90° from the median wings (12, 13), which include at least one opening taken up by a tab (23) arranged at the tip of the flaps (16, 17). The invention also concerns a method for making such a bracket and the cut out blank for implementing said method.